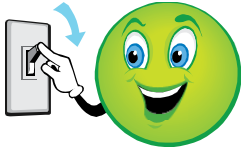



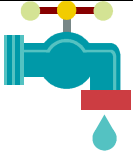




Be a Responsible Visitor
Seven things you can do to help save the planet

	<p align="center">Conserve Energy</p>	<p>Reduce energy by switching off lights and closing windows if heating is on. Turn your TV off at the wall so it is not left on stand-by mode. The Energy Saving Trust provides information on what you can do at home.</p>
	<p align="center">Give the Car a Rest</p>	<p>Leave the car behind, if only for a day. Take it easytake a walk, use the pool, read a book and relax! Walk, cycle or use public transport. We can provide cycle hire from the park and there are great off road cycle routes just a short drive away where you can hire bikes too! You can always rest your car by taking the train to Plymouth from Gunnislake, or visit Looe by train from Liskeard.</p>
	<p align="center">Shop Local</p>	<p>Use local products, they give you a flavour of the area and help support local communities. We are fortunate to have some fantastic producers of food, drink and arts and crafts in our region. Don't forget the Pannier Market is open every day except Sundays and Mondays and the Farmers Market is the 2nd and 4th Saturday of the month. Be sure to visit Crebers and the award winning cheese shop Country Cheeses.</p>
	<p align="center">Reduce, Reuse, Recycle</p>	<p>Try to avoid overly packaged goods and say no to that extra carrier bag. Recycle any waste you have. You will find our recycle bins clearly labelled. If in doubt just ask!</p>
	<p align="center">Be Water Wise</p>	<p>Please use water wisely. Turn off the tap when brushing your teeth. Please let us know if you have any dripping taps.</p>
	<p align="center">Respect Nature</p>	<p>Help us to look after the landscape and wildlife by not littering, guarding against fire and using footpaths and cycle-ways responsibly. Both Dartmoor and the Tamar Valley have fantastic areas for walking. Visit and support the owl, otter or donkey sanctuaries local to us.</p>
	<p align="center">Support Green Tourism Businesses</p>	<p>There are hundreds of businesses trying to reduce their environmental impact through the Green Tourism Business Scheme. Businesses are awarded Bronze, Silver and Gold for their efforts to be more environmentally responsible. See www.green-business.co.uk for more information.</p>

**And most importantly,
 have a great time when you are here;
 we would really like you to come back!**