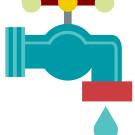


**Be a Responsible Visitor –  
how you can help too!**



Sustainable Tourism Awards



 	<b>Conserve Energy</b>	<p>Reduce energy by switching off lights. Close windows if your heating is on and turn it off when you're not there. Turn your TV off at the wall so it is not left on stand-by mode. The Energy Saving Trust provides information on what you can do at home.</p>
	<b>Give the Car a Rest</b>	<p>Leave the car behind, if only for a day. Take it easy ....take a walk, use the pool, read a book, relax! Walk, cycle or use public transport. Check out our suggested walks &amp; bike rides in the old phone booth. Hire our electric bikes, or take your own - there are some great off-road cycle routes just a short drive away where you can hire bikes too! You can always rest your car by taking the train to Plymouth from Gunnislake, or visit Looe by train from Liskeard.</p>
	<b>Shop Local</b>	<p>Use local products, they give you a flavour of the area and help support local communities. We are fortunate to have some fantastic producers of food, drink and arts and crafts in our region. Don't forget the Pannier Market is open every day except Sundays and the Farmers Market is the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month. Be sure to visit Crebers, the award winning cheese shop, Country Cheeses and Roots &amp; Vines the greengrocers.</p>
	<b>Reduce, Reuse, Recycle</b>	<p>Try to avoid overly packaged goods and say no to that extra carrier bag. Recycle any waste you have. You will find our recycle bins clearly labelled. If in doubt just ask!</p>
	<b>Be Water Wise</b>	<p>A good proportion of our water comes from our bore hole, but it's still good to use water wisely. Turn off the tap when brushing your teeth. Please let us know if you have any dripping taps.</p>
	<b>Respect Nature</b>	<p>Help us to look after the landscape and wildlife by not littering, guarding against fire and using footpaths and cycle-ways responsibly. Both Dartmoor and the Tamar Valley have fantastic areas for walking. Visit and support the owl, otter or donkey sanctuaries local to us.</p>
	<b>Support Green Tourism Businesses</b>	<p>There are hundreds of businesses trying to reduce their environmental impact through the Green Tourism Business Scheme. Businesses are awarded Bronze, Silver or Gold for their efforts to be more environmentally responsible. See <a href="http://www.green-business.co.uk">www.green-business.co.uk</a> for more information.</p>
	<b>Enjoy the environment and help us with our conservation award</b>	<p>Most of all, we hope you enjoy your stay on our beautiful park in this lovely corner of Devon.</p> <p><b>Can we now ask for your help?</b></p> <p>We have a wildlife record book which we keep in reception. If you can identify any wildlife that you spot whilst on holiday, please come and enter it in our record book.</p>
<p><b>Have a great holiday. We hope you can come back again soon!</b></p>		